

# WAX RECOMMENDATION



## Sunnyside Challenge

Mt. Bachelor Nordic Center, Bend, OR

Sunday, January 12

9 A.M. - 11 A.M.

3K, 5K, 10K Classic

Mass start

<http://www.mbsef.org/nordic/races>

**Forecast/Conditions:** Saturday night snow, low around 17. Windy. Chance of precipitation is 100 percent. New snow accumulation of 9 to 13 inches possible. Sunday, snow. High near 22. Breezy. Chance of precipitation is 100 percent.

**Glidewax:** Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Red Hot Wax/High Performance Blue Hot Wax mixed 1:1, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Red, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several alternating layers of Nordic GripWax Blue and GripWax Red, corking between layers.

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP Liquid will best suit these conditions.

Created by Colin Mahood, Toko Tech Team member since 2000.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

Racing - Service