

WAX RECOMMENDATION



Lost Nation Cup/Eastern Cup - Updated!

Craftsbury Outdoor Center, Craftsbury, VT

Saturday, January 25

9 A.M. Women, 11 A.M. Men, 2 P.M. Citizens

Skate, 5K loop

Interval start

<https://www.craftsbury.com/ski/races/lost-nation-cup>

Forecast/Conditions: Friday overnight low in the high teens, cloudy. Temperature at 9 A.M. in the low 20s rising to mid-30s by 2 P.M. A 30 percent chance of rain after 3 P.M. PistenBully packed, packed powder track.

Glidewax: Apply Performance Black Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Red, let stand for at least one hour in a warm room (overnight is best), then polish with the Polishing Brush Liquid Paraffin. For the Citizen race, switch to HP Yellow Hot Wax or HP Liquid Yellow.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying Liquid Paraffin will best suit these conditions.

Racing - Service

Created by Dave Boucher, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.