

WAX RECOMMENDATION



Seeley Hills Classic

American Birkebeiner Trail, Cable, WI

Saturday, January 18

10 A.M. 43K, 10:15 A.M. 20K, Classic technique

Mass start

Race utilizes Birkie Trail, skate trail on outbound, then returns to start line via the classic trail

<http://seeleyhillsclassic.com>

Forecast/Conditions: Overnight low of 24, temperature at start expected to be 24. Fresh powder over hardpack snow. Temperature is expected to fall slightly over the day. There is a 90 percent chance of three inches new precipitation throughout the morning.

Glidewax: Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Red Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on High Performance Liquid Red, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 4-6 alternating layers of Nordic GripWax Red and Blue, corking between layers. Those desiring more secure kick may finish with two additional layers of GripWax Red.

Structure: A fine structure covered by one light pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by John Bauer, Toko Tech Team member.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service