

# WAX RECOMMENDATION



## Seeley Lake Biathlon

Seeley Creek Nordic Ski Trails, Seeley Lake, MT

Saturday, February 1

10 A.M. Start

21K, 9K & 3K distances, Freestyle technique

<http://seeleylakenordic.org/biathlon>

**Forecast/Conditions:** Overnight low around 33 with possible rain/snow mix. Temperature at start in the low to mid-40s and possible rain/snow. Expect wet and transformed snow conditions.

**Glidewax:** Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Red Hot Wax/HP Yellow Hot Wax mixed 1:1, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Red and HP Liquid Yellow, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

**Structure:** A universal/warm structure covered by one pass with the Yellow Structurite tool followed by one pass with the Red tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

**Racing - Service**

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).