

OSCR

Seeley Lake Nordic Trails, Seeley Lake, MT Saturday, January 25 9 A.M. 50K, 25K, 10K, 5K; Skate and Classic technique options Mass start for each event www.seeleylakenordic.org/oscr

Forecast/Conditions: Overnight mostly cloudy with low near 26. Temperature at start in the low 30s. Expect fairly transformed snow conditions

Glidewax: Apply Performance Blue Hot Wax, scrape and brush, then apply High Performance Red Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Red, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in a very thin layer of Nordic Base Klister Green, cork smooth, let cool. Then apply 2-3 layers of Nordic GripWax Yellow, corking between layers. Cover the Yellow with Nordic GripWax Red if Yellow is slightly dragging or picking up any snow. Adjust as needed.

Structure: A universal structure covered by 1-2 passes with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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