

WAX RECOMMENDATION



Loppet High School Invite

Theodore Wirth Park, Minneapolis, MN

Saturday, January 4

8:30 A.M. Sprint relay semis, 10 A.M. 5K Classic, 10:30 A.M. 5K Skate, 11 A.M. Sprint relay finals

Mass starts

www.loppet.org/events/highschoolinvite/#venue-course-information

Forecast/Conditions: Overnight low in the high teens rising to low 20s for the Sprint finals. A 60 percent chance of snow Friday evening with expected accumulation of less than one inch. Expect the race courses to be hard packed but dirty in spots. Calm and mostly sunny.

Glidewax: This is a no fluoro glide wax race. Apply Base Performance Red Hot Wax, scrape and brush. For Liquid Paraffin, apply Base Performance Blue Hot Wax, scrape and brush, then spray on Base Performance Liquid Red, let stand for at least one hour in a warm room (overnight is best), then polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Red, corking between layers.

Structure: A fine or universal grind covered by one pass with the Blue Structurite tool after scraping and brushing BP Hot Wax or before spraying BP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service