

WAX RECOMMENDATION



ABC's Invitational Relays

Theo Wirth Park, Minneapolis, MN

Saturday, January 11

10 A. M. Boys, 11:30 A.M. Girls

4 by 2.7K Relays - 2 Classic and 2 Freestyle skiers

www.skinnyski.com/racing/highschool/2020/ABCRelays.pdf

Forecast/Conditions: Overnight low of 2F rising to 6F for the 10 A.M. start and to 10F for the 11:30 A.M. start. The course will use a 2.7K manmade snow course. Expect the course to be solid but dirty in spots with leaves present in the tracks. Mostly sunny, slight wind.

Glidewax: This is a no fluoro race, i.e., no LF, HF or topcoats. Apply Base Performance Blue Hot Wax, sprinkle on X-cold Powder, iron together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply a thin layer of Nordic Klister Blue, heat, smooth and place outside to cool. After the klister has cooled, cork by firmly gripping and rubbing the edge of the cork in a rapid motion with little downward pressure back-and-forth over the entire length of the cold klister until the klister appears glassy smooth. Then apply Nordic GripWax Blue (while klister is cold) and lightly cork to spread and even out the Gripwax. The Gripwax and Klister should not mix (you should not see the klister when finished).

Structure: A cold grind covered by one pass with the Blue Structurite tool after scraping and brushing the Base Performance Hot Wax/X-cold Powder combo will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. jerry@TokoUS.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service