

WAX RECOMMENDATION

TOKO[®]

Besh Cup #4 JNQ

Lookout Mountain Trails, Homer, AK

Sunday, January 19

11 A.M. Start

15K, 10K, 5K, Classic technique

Interval start

3, 2 or 1 lap

<https://www.crosscountryalaska.org/besh-3-4-details>

Forecast/Conditions: Overnight low 2F, temperature at start near 15. Transformed, clean snow. Mostly cloudy, light winds. Should be fast snow.

Glidewax: Apply Performance Blue, scrape and brush, then apply High Performance Red Hot Wax, scrape and brush. For Liquid Paraffin, apply Performance Blue, scrape and brush, then spray High Performance Liquid Red, let stand for at least one hour in a warm room (overnight is best), then polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Blue, corking between layers.

Structure: Medium cross or universal stonegrind. There is a lot of humidity on the course, but it can be reduced by the winds.

Alternatively, a single light pass of the Red Structurite tool after scraping and brushing Hot Wax or before spraying Liquid Paraffin will best suit these conditions. Make sure to brush thoroughly after using the Stucturite tool.

Created by Ira Edwards, Toko Tech Team member since 1995. ira@bluedotdist.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service