

# WAX RECOMMENDATION



## Washington Biathlon Association Race 1

Stevens Pass Nordic Center (5 miles east of Summit), WA

Saturday, January 4

10:30 A.M. Zeroing, 11:30 A.M. Start

10K Men, 7.5K women

Sprint format

See website for details including Wash Cup wax restrictions

<http://www.wabiathlon.org>

**Forecast/Conditions:** Temperatures oscillating above and below freezing while precipitating in the five days leading to the event will make ski selection of high importance. Potential falling temperature Friday night with heavy snowfall expected prior to and during event will influence both structure and flex selection. Snowpack should be clean and soft with snow temperature around 29.

**Glidewax:** Apply Performance Black Hot Wax, scrape and brush, then apply Performance or High Performance Yellow Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Red Hot Wax, scrape and brush, then spray on HP Liquid Yellow, let sit for 1 hour to overnight in warm and dry environment, polish with the Polishing Brush Liquid Paraffin. (Performance wax for Juniors and High Performance wax for others.)

**Gripwax:** NA

**Structure:** A universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing Hot Wax or before spraying HP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

Racing - Service