

# WAX RECOMMENDATION



## CXC Cup Opener

Grand Ave. Nordic Center, Duluth, MN

Sunday, December 15

9:30 A.M. Qualifiers, Noon Heats

Classic sprints

Distance from 600M to 1,400M by class

<https://www.spiritmt.com/cxc-cup-opener>

**Forecast/Conditions:** Several inches of new snow are expected through Saturday. The temperature will drop throughout Saturday night, from mid-teens to a low of -5F at the start, warming to the mid-single digits F during the day. Wind will be gusting into the wee hours of Sunday morning. Mostly sunny. Expect the course to be packed abrasive snow.

**Glidewax:** Apply Performance Blue Hot Wax, scrape and brush, then apply a layer of High Performance Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply layers of Nordic GripWax X-Cold, corking between layers. If more kick is desired cover the GripWax X-Cold with GripWax Blue.

**Structure:** A cold grind without additional hand structure will best suit these conditions. For skis with universal grind cover with one pass with the Blue Structurite tool after scraping and brushing the final layer of hot wax.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

Racing - Service