

WAX RECOMMENDATION



Spam Cup: Classic

Rendezvous Ski Trail, West Yellowstone, MT

Saturday, December 21

10 A.M.

10K, 5K & 3K race distances; Classic technique

Mass start (two 5K laps for 10K race)

www.skirunbikemt.com/spam-cup.html

Forecast/Conditions: Overnight low around 15. Partly sunny on Saturday with temperature at start near 22. Expect a mix of new and slightly transformed snow. Snow at the Rendezvous trail this time of year typically skis cold and dry even when air temps are in the 20s.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush, then apply HP Blue, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Blue, wait 30 minutes, then polish with the Polishing Brush Liquid Paraffin. Best to err on the cold side at the Rendezvous trail.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Red, corking between layers. Cover Red with thin layer of Blue if fresh snow. If tracks are fairly glazed, a thin ironed layer of Klister Base Green covered with Nordic GripWax Red can be an excellent combo.

Structure: A medium/fine structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service