

Harry Eldridge NYSEF JNQ

Gore Ski Bowl, North Creek, NY Sunday, December 22 9 A.M. 5K U16 Boys and Girls, 10K all others Freestyle technique

Mass start

https://www.skireg.com/harry-eldridge-nysef-jng

Forecast/Conditions: Overnight low 14, temperature at start 20, partly cloudy skies. Manmade base with new snow mixed in, machine groomed surface.

<u>Glidewax:</u> Apply Performance Black Hot Wax, scrape and brush, then apply HP Blue/HP Red Hot Wax mixed 1:1, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Blue, wait 30 minutes, then polish with the Polishing Brush Liquid Paraffin

Gripwax: N/A

<u>Structure</u>: A universal grind covered by one pass with the Blue Structurite tool after scraping and brushing the HP layer or before spraying on the HP LP will best suit these conditions.

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Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at <u>TokoUS.com</u>.

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