

# WAX RECOMMENDATION



## Western Nordic Club Championships

Soldier Hollow, Midway, UT

Saturday, March 9

9 A.M. 5K to 2K, Classic, Interval start

Afternoon, Skate Sprint Relay, 2 skiers per team

Forecast/Conditions: Expect 2-3 inches of fresh snow to fall overnight Friday, low temperature of 16. Saturday mostly cloudy, a 25 percent chance of light snow during the day. Temperature at 9 A.M. will be 19, rising to 34 by 1 P.M. Light winds.

Glidewax: IMD wax restrictions in play. For U14 and younger, NF only. For U16 and older, no pure-fluoro topcoats. For morning races, apply LF Black or NF Black, scrape and brush, then apply HF Red or NF Red, scrape and brush. For afternoon races, LF Black or NF Black, scrape and brush, and then apply HF Yellow or NF Yellow, scrape and brush.

Gripwax: Show up with skis ready for kick wax or klister. Roughen klister zone of base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Kick will probably be klister or klister covered with grip wax. If using skin skis, see our [skin treatment options](#) for best results.

Structure: For the morning, a universal structure covered by one pass with the Red Structurite tool will best suit these conditions. For the afternoon, one pass with the Yellow Structurite tool.

Racing - Service

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](#).