

WAX RECOMMENDATION



NENSA U16 Eastern Championships

Pine Hill Trails, Bethel, ME

Saturday, March 9

9:30 A.M.

5K, Classic technique

Wave start, 1 loop

<https://www.nensa.net/u16-championships/>

Forecast/Conditions: Friday overnight mostly clear, low about 8F. Saturday partly cloudy. The snow temperature at race time will be about 12 on the trails. PistenBully groomed packed powder.

Glidewax: This is an LF/HF only race. No pure-fluoro top-coats permitted. Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Blue, corking between layers.

Structure: A fine structure covered by one pass with the Blue Structurite tool will best suit these conditions.

Racing - Service

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.