

WAX RECOMMENDATION



Michigan Cup Relays

Cross-Country Ski HQ, Roscommon, MI

Sunday, March 10

11 A.M. Daylight Savings Time begins!

3 X 5K - 2 Skate and 1 Classic legs

More info [here](#)

Forecast/Conditions: Overnight low Saturday about 28. Expect a firm, but softening, track with a mix of snow and rain Sunday. Race time temperatures in the low 30s.

Glidewax: Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green short (in klister zone), smooth, let cool. Then apply a thin layer of Nordic Klister Yellow (in klister zone). OR due to the tricky waxing conditions, use Skin Skis. If using skin skis, see our [skin treatment options](#) for best results.

Structure: A wet grind covered by one pass with the Yellow Structurite tool before JetStream application will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service