

WAX RECOMMENDATION



Vermont State Nordic Ski Champs - Updated!

Rikert Nordic Center, Ripton, VT

Monday, March 4

10:30 A.M. Boys 5K, 11:45 A.M. Girls 5K, Classic, Individual start
2 P.M Boys Relay, 3 P.M. Girls Relay, 4 x 2.5K, Classic, Mass start

Forecast/Conditions: Sunday overnight low of 21 with a 90 percent chance of 3-5 inches of snow. Snow temperature at start for morning races in the low 20s warming to mid-20s by afternoon. A 50 percent chance of snow showers. Packed powder snow, PistenBully groomed.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers.

Structure: A fine structure covered by one pass with the Red Structurite tool after JetStream application and before brushing will best suit these conditions.

Created by Dave Boucher, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](#).

Racing - Service