

WAX RECOMMENDATION



Eastern High School Championships

Fort Kent Outdoor Center, Fort Kent, ME

Sunday, March 17

9 A.M.

3.5K, Mixed Relay

Mass start

One loop

<http://10thmtskiclub.org/>

Forecast/Conditions: Saturday night temperature plunging to 15 and staying in the teens Sunday morning.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat, smooth. Then apply Nordic Klister Blue and Red mixed 1:1, heat, smooth. Cool outside, cork smooth, then apply two layers of Nordic GripWax Red. Cork smooth.

Structure: A fine structure covered by one pass with the Blue Structurite tool (after JetStream application) will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service