

WAX RECOMMENDATION



Eastern High School Championships

Fort Kent Outdoor Center, Fort Kent, ME

Saturday, March 16

1:30 P.M. Boys, 3 P.M. Girls

1.5K, Skate Nordic Cross Sprint

Wave start

One loop

<http://10thmtskiclub.org/>

Forecast/Conditions: Friday night low of 35. Temperature rising on Saturday to the 40s with light rain showers.

Glidewax: Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. Finish by spraying an even layer of HelX 2.0 Yellow, let dry and ski. Do not brush or polish.

Gripwax: N/A

Structure: A wet structure covered by one pass with the Yellow Structurite tool (after JetStream application) will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service