

WAX RECOMMENDATION



Spokane Challenge Loppet

Mount Spokane XC Park, Mead, WA

Sunday, March 10

8 A.M. 50K Start. Daylight Savings Time begins!

50K, 30K, 20K, Freestyle or Classic technique

Wave start by distance

20K loop and a 10K loop (see website for details)

<http://www.spokanenordic.com>

Forecast/Conditions: Midweek snowfall should provide cleaner snow that should provide even better kick for those choosing Classic technique. Saturday night low of 12 with snow temperatures during the event for all distances remaining below the mid-20s through completion.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 layers of Nordic GripWax Red covered by 1 or 2 layers of GripWax Blue depending on distance, corking between layers.

Structure: A fine or universal structure covered by one pass with the Red Structurite tool after ironing JetStream and prior to brushing will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service