

## Sonot Khaazoot

Birch Hill Recreation Area, Fairbanks, AK Saturday, March 23, 2019 11 A.M. Mass start for all waves 30K and 9.5K Freestyle, One lap course See website for last-minute course changes

https://sonotkkaazoot.org/

Forecast/Conditions: Chena River is no longer safe and course moved entirely to Birch Hill. Snow has become isothermic at times in the open. Shaded areas are still firm in the mornings. Friday overnight low of 30. Saturday high near 47 with warm wet snow and partly cloudy conditions. The snow has gone through a couple of freeze/thaw cycles and will be coarse and transformed and will be groomed the night before. Please stay off the race course after grooming commences.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red/HF Yellow mixed 1:1, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Apply 2 layers of Nordic Grip Wax Yellow, corking smooth between layers. Then alternate 2 thin layers each of GripWax Red and GripWax Yellow, corking smooth between each layer, finishing with Yellow.

**Structure:** A universal structure covered by one pass with the Yellow Structurite tool (before JetStream application) will best suit these conditions.

Created by Ira Edwards, Toko Sales Rep, Tech Team member since 1995.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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