

WAX RECOMMENDATION



Washington Biathlon Association Race 8

Stevens Pass Nordic Center, 5 miles east of Stevens Pass, WA

Sunday, March 10

10:30 A.M. Zeroing, 11:30 Race. Daylight Savings Time begins!

5K Men, 4K Women

Supersprint format

See website for details

<http://www.wabiathlon.org>

Forecast/Conditions: Saturday night low expected to be around 16 with snow temperature to rise to around 25 by race time. Sunny skies are predicted. This should produce some firm and fast skiing.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. Washington Cup participants adhere to the No HFs or topcoats rule.

Gripwax: NA

Structure: A fine or universal structure covered by one pass with the Red Structurite tool after ironing JetStream and prior to brushing will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service