

The Great Bear Chase

Swedetown Ski Trails, Calumet, MI Saturday, March 9 8:30 A.M. - 9:20 AM 50K Skiathlon, Classic and Freestyle - 2 loops 10K and 25K Classic and Freestyle Mass start for each distance http://www.greatbearchase.com/

Forecast/Conditions: Friday night partly cloudy with a low around 12. Saturday mostly sunny, with race temperature 16-26. Expect the deep base and cold temperatures in the days leading up to the event to keep the track cold and firm.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1:1, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 1-2 short layers of Nordic GripWax Red, corking between layers. Cover with 2-3 full layers of GripWax Blue, corking between layers.

Structure: A fine linear grind covered by one pass with the Blue Structurite tool before JetStream application will best suit these conditions

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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