

WAX RECOMMENDATION



Silver Crest Nordic Challenge

Kings Hill Winter Recreation Area, Neihart, MT

Saturday, February 23

10 A.M. & 11:30 A.M. start times

20K, 11K, 5K, Freestyle & Classic techniques

www.silvercresttrails.com

Forecast/Conditions: A 20 percent chance of snow after 11 P.M., mostly cloudy with low near 7F. Saturday a chance of snow and mostly cloudy with temperature at 10 A.M. start around 10F. Expect softer, cold track conditions.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. For Juniors and touring, LF Blue or NF Blue are great options.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several (3-4) layers of Nordic GripWax Blue, corking between layers. For kick wax application tips, check out the video at <https://tokous.com/video-grip-wax-application-to-cross-country-skis/>

Structure: A fine structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service