

WAX RECOMMENDATION



New York Biathlon Championships

Saratoga Biathlon Club, Hadley, NY

Saturday, February 23

11 A.M. Sprint start, 2:30 P.M. Relay Start

Freestyle technique

Multiple laps

<http://biathlon.nyssranordic.org/events/>

Forecast/Conditions: Overnight low of 14, temperature at start 31, partly sunny skies. Fresh snow mixed in with transformed snow.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red/HF Yellow mixed 1/1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Structure: Universal structure followed by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Created by Duncan Douglas, Toko Tech Team member. douglas6xc@gmail.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.