

# WAX RECOMMENDATION



## Muffin Team Sprint

Cross Country Ski Headquarters, Roscommon, MI

Sunday, March 3

10:30 A.M.

1.5K loop, 6 laps per 2 person team

Freestyle

<http://nordicskiracer.com>

**Forecast/Conditions:** Overnight low of 7F, temperature at start of 12 rising to 15 by noon. Expect packed powder, mostly cloudy skies with a 30 percent chance of snow overnight.

**Glidewax:** Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. No pure fluoros for this Junior Race.

**Gripwax:** NA

**Structure:** A fine linear structure covered by one pass with the Blue Structurite tool after brushing out the glide wax will best suit these conditions.

**Racing - Service**

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).