

WAX RECOMMENDATION



Minnesota Finlandia

Buena Vista Ski Trail, Bemidji, MN

Saturday, February 16

10 A.M. 25K Classic/25K Pursuit

10:10 A.M. 50K/25K Freestyle

10:12 A.M. 10K Tour

<http://www.minnesotafinlandia.com/>

Forecast/Conditions: Expect good snow conditions from recent snowfall. Friday night's low is expected to be around -8F, with the race time temperature in the mid-single digits F with partly sunny skies.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermocork.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several layers of Nordic GripWax Blue, corking between layers. Then apply 2 layers of Nordic GripWax X-Cold, cork smooth. Those needing extra kick, skip the GripWax X-Cold layer or end with GripWax Blue.

Structure: A Fine structure covered by one pass with the Blue Structurite tool before JetStream application will best suit these conditions.

Created by Mike Lundeen, Toko Tech Team member since 2004. Mike@TokoUS.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service