

# WAX RECOMMENDATION



## Frisco Gold Rush

Frisco North Center, Frisco, CO

Saturday, February 9

9 A.M. Start

20K Skate, 7.5K Classic and Skate

Mass start by distance

Loops depending on distance

Race link [here](#)

**Forecast/Conditions:** Thursday new snow likely. Friday very cold and windy with an overnight low of 6F. Start time temperature in the mid-teens. Expect cold dry windblown snow.

**Glidewax:** Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 layers of Nordic GripWax Blue, corking between layers.

**Structure:** A fine structure will best suit these conditions.

Racing - Service

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).