

# WAX RECOMMENDATION



## Dublin Double Eastern Cup

Dublin Nordic Center, Dublin School, Dublin, NH

Saturday, February 23

10 A.M. Women's Prologue, 11 A.M Men Prologue

Noon Women's Prelim, 1 P.M. Men Prelim

3K Prologue, 1.5K Sprint Prelim, Skate

Interval start, 1 loop for each race

<http://dublinxc.com>

**Forecast/Conditions:** Friday overnight low of 18, temperature rising to 36 by last race start. Cloudy.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Red for Prologue skis, a 1:1 mix of HF Red and HF Yellow for Prelim skis, scrape and brush. Finish by crayoning JetStream Red for Prologue, mix of Jetstream Red and Yellow for Prelim, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. Finish by spraying an even layer of HelX 2.0 Red for Prologue, HelX 2.0 Yellow for Prelim, let dry and ski. Do not brush or polish.

**Gripwax:** N/A

**Structure:** A universal structure covered by one pass with the Red Structurite tool (after JetStream application) will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service