

# WAX RECOMMENDATION



## Intermountain Division JNQ

Bogus Basin, Boise, ID

Saturday, February 9

10 A.M.

5K Classic, Interval start

<https://www.bbnt.ski/bogus-jnq/>

**Forecast/Conditions:** Temperatures cooling throughout week. Overnight low of 20, 22 at start, high of 24, 95 percent cloud cover, 40 percent chance of snow during race. Machine packed clean snow.

**Glidewax:** IMD WAXING RULES APPLY. U16 & older: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1:3, scrape and brush. Pure fluorinated waxes are NOT allowed in glide zones. U14 & younger: Apply NF Blue/NF Red mixed 1:3, scrape and brush. LF, HF or pure fluorinated waxes are NOT allowed in the glide zones.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 layers of Nordic GripWax Red, corking between layers.

**Structure:** A universal structure covered by one pass with the Blue Structurite tool will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

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