

WAX RECOMMENDATION



Freeman Frost White Mountain 30K

Jackson Touring Center, Jackson, NH

Saturday, January 26

9:30 A.M.

30K, Classic

Mass start

2 loops

<http://www.jacksonxc.org>

Forecast/Conditions: Friday overnight low of 6F warming to about 17 by race start. Strong winds. Thursday's rain should make for icy conditions tilled up by PistenBully.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green, cool outside. Then apply 1 thick layer of Nordic Base Wax Green. Heat and mix klister and stick together. Cool outside and cork smooth. Then apply two layers of GripWax Blue, cork smooth.

Structure: A fine structure covered by one pass with the Blue Structurite tool (after JetStream application) will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service