

WAX RECOMMENDATION



OSCR

Seeley Lake Nordic Trailhead, Seeley Lake, MT

Saturday, January 26

9 A.M.

50K, Freestyle technique

Mass start

<http://www.seeleylakenordic.org/default.aspx>

Forecast/Conditions: Overnight low near 19, temperature at start in mid-20s. Part of the course is groomed for this event only so you can expect some areas of the course with a softer track.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in a thin layer of Nordic Base Klister Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Red, corking between layers.

Structure: A universal structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.