

# WAX RECOMMENDATION



## Iowa State Games

Prairie Springs, Cresco, IA

Saturday, January 26

10 A.M 8K Classic

2 P.M. 10K Freestyle

Open ONLY to Iowa or Illinois residents

Race link [here](#)

**Forecast/Conditions:** Friday night's low around -12F with clear skies. Saturday is expected to have partly sunny skies with the temperature for the Classic race around -5F and low single digits for the Freestyle race.

**Glidewax:** Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermocork.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several layers of Nordic GripWax X-Cold, corking between layers. Those desiring more kick should cover with Nordic GripWax Blue, cork smooth.

**Structure:** A fine linear grind with no additional structure will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service