WAX RECOMMENDATION

TOKO®

Racing - Service

Iola Norseman Challenge

Iola Winter Sports Club, Iola, WI
Sunday, January 27
9:30 A.M. 10K Classic, Mass start
10:30 A.M. 3K & 5K Junior & HS
12:30 P.M. 20K Freestyle, Mass start
http://iolawintersportsclub.org/

Forecast/Conditions: Saturday night will be mostly cloudy, with a low around -10F. Sunday expect mostly sunny skies but still very cold with light winds and race temperatures ranging from -8F to zero F. Some fresh snow was received earlier in the week but track will be thin and firm.

Glidewax: Apply LF Blue, scrape and brush, then apply HF Blue, sprinkle on X-cold Powder, iron in together, scrape and brush. Finish by crayoning JetStream Blue, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.
Eliminate Fluor waxes as necessary for HS Rules

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-5 layers of Nordic GripWax XCold depending on race distance, corking between layers.

Structure: A fine linear grind with no additional structure will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.