

WAX RECOMMENDATION



Pioneer Midwest High School Rennet

Hyland Park Reserve, Bloomington, MN

Friday, January 18

6 P.M.

Boys and Girls Classic and freestyle races

Mass Starts. Single loop on 5K manmade course

www.threeriversparks.org/page/ski-rennet-race-day

Forecast/Conditions: Daytime high of 14, dropping to 10 by the start of the first race. Twenty percent chance of snow from 3 P.M. through the races. Manmade course will be firm on skate deck and classic tracks. Mostly cloudy with slight wind.

Glidewax: This race prohibits the use of LF and HF glide waxes as well as topcoats. Apply NF Black, scrape and brush, then apply NF Blue, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Red, corking between layers.

Structure: A universal structure covered by one pass with the Red Structurite tool followed by a single pass with the Blue Structurite tool will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service