

WAX RECOMMENDATION



BSF Citizens' Series: Sunset Hills Chase

Sunset Hills, Bozeman, MT

Thursday, January 31

4 P.M. start

12K, 8K, & 4K distances; Freestyle technique

Mass start for each race distance

<https://www.bridgerskifoundation.org/events/citizens-cup>

Forecast/Conditions: Thursday a slight chance of snow with a high near 38. Temperature at start in the mid-30s. Expect clean packed snow from this past week's snowfall.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red/HF Yellow mix 1:1, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

For Junior skiers, may substitute NF Red/NF Yellow mix or LF Red/LF Yellow mix for the wax recommendation above.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 thin layers of Nordic GripWax Yellow covered with 1-2 thin layers of Gripwax Red, corking between layers. If track is glazed, may need to add more Yellow.

Structure: A universal structure will best suit these conditions. If fair amount of moisture present, cover structure with 1-2 passes with the Red Structurite tool (before JetStream application).

Created by Eric Mittelsteadt, Toko Tech Team member since 1999. ericm@TokoUS.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service