

WAX RECOMMENDATION



Gunnar Hagen Memorial

Cabin Creek Exit 63 Hwy 90, Snoqualmie Pass, WA

Sunday, January 13

10 A.M. First Racers

30K and 7.5K, Classic technique

Interval start

30K is 4 laps of 7.5K

<http://www.kongsbergers.org>

Forecast/Conditions: Overnight low of 28 with snow temperature at 32 by start time under partly cloudy skies. Transformed adequate snowpack with tracks likely to break down in later laps.

Glidewax: Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green, cork smooth, let cool. Then apply a 50/50 layer of Nordic Klister Red/Klister Yellow, corking smooth and allowing to cool before skiing. If using skin skis, see our [skin treatment options](#) for best results.

Structure: A Universal or wet structure covered by one pass with the Yellow Structurite tool (before JetStream application) will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003. Dave@TokoUS.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service