

WAX RECOMMENDATION



Washington Biathlon Association Race 4

Stevens Pass Nordic Center, WA

Sunday, February 3

10:30 A.M. Zeroing, 11:30 A.M. Race

5K Men, 4K Women

Supersprint format, see website for details

<http://www.wabiathlon.org>

Forecast/Conditions: Overnight low of 27 rising to around 32 by race completion. A 75 percent chance of snow flurries occurring during the event.

Glidewax: Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. HelX Yellow 2.0 could be added after the JetStream or in place of the JetStream. Spray, let dry and ski with no brushing afterward. Washington Cup participants should adhere to the "No HFs or topcoats" rule.

Gripwax: NA

Structure: A universal structure covered by one pass with the Yellow Structurite tool after ironing JetStream and before brushing will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003. dave@TokoUS.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service