

WAX RECOMMENDATION



Ski Rennan Nordic Citizens Race

Icicle Creek Fish Hatchery, Leavenworth, WA

Saturday, January 5

10:30 A.M. First racers

5K, 2.5K, 1.5K and Lollypop race, Classic technique

Wave start

<http://www.skileavenworth.com>

Forecast/Conditions: Above freezing temperatures with moisture falling in the days leading up to the race. Thin snowpack containing mostly transformed snow with some dirt mixed in. High around 40 Friday dropping to just below freezing Friday night, rising to mid-30s at race time. A 40 percent chance of continued moisture falling during event.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green, cork smooth, let cool. Then apply 1 layer of Nordic Klister Red applied in the klister zone only. If temperature is much colder than predicted, have Nordic GripWax Red/Yellow with you for cover of klister if needed for significant snow falling.

Structure: A wet or universal grind covered by one pass with the Yellow Structurite tool (before JetStream application) will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service