

WAX RECOMMENDATION



Alaska Ski for Women

Kincaid Park, Anchorage, AK

Sunday, February 3

10:30 A.M. Duathlon, 10:35 A.M. Freestyle, 11 A.M. Classic

3.8K loop, Wave start

www.anchoragenordicski.com/events/alaska-ski-for-women/

Forecast/Conditions: Saturday night mostly cloudy with a chance of snow. Low zero F to 10 above. Sunday the high will be in the teens. The snow will be transformed and corn. Any new snow will be mixed in with the old snow. The course will be in good condition for the event.

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1/1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several layers of Nordic GripWax Blue, corking between layers. Come to the Toko tent for updates to grip wax.

Structure: A universal structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Created by Patrick McGownd, Toko Tech Team member since 2000.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service