

WAX RECOMMENDATION



Alley Loop Ski Marathon

Crested Butte, CO

Saturday, February 2

9 A.M., various lap distances and courses

42K, 21K, 10K, 5K, Classic and Skate

wave start by distance & technique

<https://cbnordic.org/alley-loop-nordic-marathon>

Forecast/Conditions: Overnight low zero F, temperature at start 10-18, high 32, partly sunny, minimal wind. Dirty transformed snow on streets/alleys, dry/clean powder snow on trails. Even with the temperature approaching 30, snow in Crested Butte, at 9000' altitude, generally stays quite dry

Glidewax: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mix 1/1 (42K, 10K, 5K) or HF Red (21K), scrape and brush. Finish by crayoning JetStream Blue and Red (42K) or Blue (21K), iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 thin layers of Nordic GripWax Blue (21K) or a thin layer of Blue over Red (42k), corking between layers.

Structure: A fine structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Murray Banks, Toko Tech Team member since 2007.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service