

# WAX RECOMMENDATION



## IMD JNQ Freestyle Distance - Updated!

Sunset Hills, Bozeman, MT

Sunday, December 23

Race starts from 9 A.M. See website for specific start times.

<https://www.bridgerskifoundation.org/events/nordic-imd>

Forecast/Conditions: Overnight mostly clear with low around 15. Sunday mostly cloudy with 9 A.M. temperature in mid- to upper teens and rising to mid-20s by early afternoon. Expect a mix of transformed and new snow.

Glidewax: **IMD WAXING RULES APPLY:** U16 & Older: Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1/1, scrape and brush. **Pure fluorinated waxes are NOT allowed in glide zones.**

U14 & Younger: Apply NF Blue/NF Red mixed 1/1, scrape and brush. **LF, HF or pure fluorinated waxes are NOT allowed in the glide zones.**

Gripwax: n/a

Structure: A universal structure may best suit these conditions. One pass with the Blue Structurite tool could be added if additional structure is needed.

Created by Eric Mittelsteadt, Toko Tech Team member since 1999. [ericm@TokoUS.com](mailto:ericm@TokoUS.com)

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service