

# WAX RECOMMENDATION



## Ski Rodeo

Liberty Bell High School, Winthrop, WA

Saturday, December 29

10 A.M. first starter

10K/5K/2.5K/1.2K, Freestyle

Wave starts

10K is 2 laps starting at 10:40 A.M.

<http://methowvalleynordic.com>

**Forecast/Conditions:** Overnight low of 22 rising to near 31 by race completion. A 40 percent chance of light snow occurring before and during event. Thin snowpack of transformed and new snow with dirt showing through in places.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers.

**Structure:** A fine linier or universal structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service