

WAX RECOMMENDATION



Eastern High School Championships Skate

Black Mountain of Maine, Rumford, ME

Friday, March 16

3 P.M. Girls, 4 P.M. Boys

5K, Skate

Wave start

1 loop

<http://www.chisholmskiclub.org>

Forecast/Conditions: Low of 22 Friday morning. Rising to 28 by race time. Mostly sunny and windy. A lot of fresh snow this week and cold conditions.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: N/A.

Structure: A universal structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service