

# WAX RECOMMENDATION



## Stride Ride Glide Triathlon

Superior Municipal Forest Ski Trails - Superior, WI

Sunday March 4<sup>th</sup>, 2018

10am start, Ski is after Run and Bike

Mass Start

<https://www.zapevent.com/reg/event/13297>

**Forecast/Conditions:** Overnight low 22F, temperature at start near 34F. Expect icy transformed snow.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Blue/HF Red mixed 1/1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Klister Base Green, smooth, let cool. Then apply Nordic Klister Red, let cool, then cover with a light layer of Nordic GripWax Red, lightly corking.

**Structure:** A universal grind covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

**Racing - Service**

Created by Blaise Sopiwnik, Toko Tech Team member since 2014.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).