

WAX RECOMMENDATION



Silver Fox Trot

Rikert Nordic Center - Ripton, VT

Note new location

Saturday March 3rd, 2018

1:30 P.M. All ages. 8.5K skate mass start

10:45 A.M. Grade 1-2 classic. All others skate. 11:00 A.M.

Grade 3-4. 12:00 P.M. Grade 5-6. 12:30 P.M. Grade 7-8

<http://www.fordsayre.org/nordic/silver-fox-trot/>

Forecast/Conditions: Nor'easter all day Friday with mixed precipitation. Temps falling to 28F by Saturday morning. Windy and cloudy. Temps rising to 34F by race time.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red and HF Yellow mixed 1:1, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic BaseWax Green, cork smooth, let cool. Then apply 3 layers of NordicGripWax Red, corking between layers. This is only for BKL Grade 1-2: Add a small amount of NordicGripWax Yellow for more kick.

Structure: A universal structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Created by Rob Bradlee, Toko Tech Team member since 1999.

Check the [WaxTips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](#).