

WAX RECOMMENDATION



Mansfield Nordic Skiathlon

Craftsbury Outdoor Center, Craftsbury, VT

Sunday, March 11

11 A.M. Men, 11:10 A.M. Women

6K Classic then 6K Skate

Mass start

6K loop

<http://mansfieldnordic.org>

Forecast/Conditions: Saturday overnight low in the mid-20s, temperature at start in the low 30s. Packed powder snow, 30 percent chance of snow, mixing with rain in the afternoon. PistenBully packed track.

Glidewax: Apply LF Black, scrape and brush, then apply HF Red/HF Yellow mixed 1:1, scrape and brush. Finish by crayoning JetStream Red/JetStream Yellow mixed 1:1, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 layers of Nordic GripWax Red, corking between layers. For added grip, cover with a short layer of GripWax Yellow and cork smooth.

Structure A universal structure covered by one pass with the Red Structurite tool (after JetStream application) will best suit these conditions.

Created by Dave Boucher, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service