

# WAX RECOMMENDATION



## Craftsbury Spring Fling

Craftsbury Nordic Center, Craftsbury, VT

Saturday, March 24

Noon Men and Women

25K or 12.5K, Skate

Mass start

12.5K loop

[www.craftsbury.com](http://www.craftsbury.com)

**Forecast/Conditions:** Friday overnight low about 20, cloudy. Temperature at start in the high 20s warming to about 30 by 1 P.M. Cloudy with a 30 percent chance of snow. PistenBully groomed. The track is about 70 percent in the woods.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Red, scrape and brush. Finish by crayoning JetStream Red, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** N/A

**Structure:** A universal structure covered by one pass with the Red Structurite tool (after JetStream application) will best suit these conditions.

**Racing - Service**

Created by Dave Boucher, Toko Tech Team member since 1999.

Check the [Wax Tips](http://TokoUS.com) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).