

# WAX RECOMMENDATION



## Colby Nordic Marathon

Quarry Road Trails, Waterville, ME

Saturday, March 17

9:30 A.M.

40K and 20K, Skate

Mass start

2-4 laps

<http://quarryroad.org/events-calendar/colby-nordic-marathon>

**Forecast/Conditions:** Overnight low of 17 and partly cloudy. Temperature at start 20, fresh and manmade snow, PistenBully groomed. Mostly sunny.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad. For fastest skis, then spray HelX 2.0 Yellow, let dry. Do not brush or polish.

**Gripwax:** N/A

**Structure:** A wet grind covered by one pass with the Yellow Structurite tool before JetStream application will best suit these conditions.

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

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