

# WAX RECOMMENDATION



## NENSA U16 Championships

Gore Mountain, North Creek, NY

Sunday, March 11

10 A.M.

4 X 3K Mixed Relay

Classic and Skating Legs

<http://www.goremountain.com/events/nensa-u16-championships>

**Forecast/Conditions:** Overnight low 23, temperature at start 32, 6-12 inches of fresh snow, machine groomed.

**Glidewax:** Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Yellow, corking between layers.

**Structure:** A wet structure covered by one pass with the Yellow Structurite tool (before JetStream application) will best suit these conditions.

Created by Duncan Douglas, Toko Tech Team member. [douglas6xc@gmail.com](mailto:douglas6xc@gmail.com)

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

Racing - Service