

WAX RECOMMENDATION



Washington Biathlon Association Race 7

Stevens Pass Nordic Center, 5 miles East of Stevens Pass, WA

Saturday, March 10

10:30 A.M. Zeroing, 11:30 A.M. Race

5K Men, 4K Women

Super Sprint Format

See website for details

<http://www.wabiathlon.org>

Forecast/Conditions: New snowfall predicted to occur

Wednesday through Friday. Friday night low of 22 with a Saturday high of 37 under mostly sunny skies. Snow temperature should be close to 28 by race time.

Glidewax: Apply LF Black, scrape and brush, then apply HF Yellow, scrape and brush. Finish by crayoning JetStream Yellow, iron hot (320F) with a layer of fiberlene under the iron, traveling slowly (60 seconds) tip to tail. Brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: NA

Structure: A Universal or warm structure covered by one pass with the Yellow Structurite tool (before JetStream application) will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

Racing - Service